

January 2012



THE $\mathcal{EY\epsilon}$ OPENER

IN DAILY DISPOSABLE LENSES

TURN AN UNCOMFORTABLE TRUTH INTO A DAILY PLEASURE.

It's a fact many reusable wearers don't know:

Not all lenses protect equally against 4 key symptoms of discomfort. Consequently, patients put up with the dryness, irritation, stinging, and redness their lenses may cause.

Share the comfort of 1-DAY ACUVUE® MOIST® Brand Contact Lenses with LACREON® Technology

- Exceptional comfort throughout the day
- 1-DAY ACUVUE® MOIST® Brand wearers agree:
 - They seldom or never experienced the 4 key symptoms of discomfort¹
 - Lenses felt smooth on their eyes all of the time²
 - 7 out of 10 would recommend the lens to others³

**Give patients the daily pleasure of
1-DAY ACUVUE® MOIST® lenses.**

**Exceptional
comfort,
day in,
day out.**



a fresh lens is a better lens

References: 1. Data on file. Johnson & Johnson Vision Care, Inc. 2011. 2. Data on file. Johnson & Johnson Vision Care, Inc. 2009. 3. Data on file. Johnson & Johnson Vision Care, Inc. 2009.

ACUVUE® Brand Contact Lenses are indicated for vision correction. As with any contact lens, eye problems, including corneal ulcers, can develop. Some wearers may experience mild irritation, itching or discomfort. Lenses should not be prescribed if patients have any eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. Consult the package insert for complete information. Complete information is also available from Johnson & Johnson Vision Care, Division of Johnson & Johnson Inc., by calling 1-800-267-5098 or by visiting www.jnjvisioncare.ca.

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We Wish You All Prosperity and Good Health for the New Year !

It has been six months since our last issue and I have to say that we are so happy to be able to return to your eyes. We will now be publishing twice a year and as always, look forward to your input. If there is something you would like to see in our publication please let us know, we appreciate your feedback whether it be for an announcement, an article, personal anecdote or any insights that you would like to share.

I was checking into Saskatchewan Tourism and there is a lot planned for 2012. A myriad of music concerts, theatres, rodeos, community and school reunions and of course let's not forget the sports: local hockey, curling, soccer, volleyball and our beloved Roughriders, I wish them all the best, I would really like to see the Grey Cup back in Saskatchewan (after all - we are the most die hard fans ever - we deserve it right?). There is so much diversity here, from the lakes and forests to our wide and spectacular skies that dominate our prairies, a recreational paradise, whether you're an avid birder, blooming shutterbug, hunter, fisher, hiker, paddler or just sightseeing - check it out - maybe a Saskatchewan Holiday is in order. Cruise the Prairies with the top down !

Over these past few weeks I have paid closer attention to how I am treated in stores, restaurants and various offices. Every once in a while it hits me that WOW ! I sure hope I was like that when I was in retail or OUCH ! that was brutal, maybe they need a course in customer service.

We were in Subway the other day and the young lady who cleans the tables greeted us with "Happy New Year" and a great big smile as we walked in (she was on her break). Prior to us leaving she came over to us and again genuinely smiled and said we were very nice people - my husband told her that she was the friendliest person there, she said "Me, Why?" questioningly, then gave us both a hug. I like to think we made her day just as happy as she made ours !

Remember A Smile Goes a Long Way!

Chris Raqué, Editor

PS. Remember to hug Someone Today !



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FROM THE REGISTRAR'S DESK

First off I would like to say that I very much enjoyed the opportunity of meeting those members I met at the annual meeting and also a big welcome aboard to the new council members.

Since the middle of June the membership has been working under the new *Opticians Act* and regulatory bylaws. As was to be expected, there are a few bugs to be worked out with the Act and bylaws, but overall, everything seems to be progressing very smoothly.

An area of particular concern however, I would like to talk about in this issue of *The Eye Opener* is the amount of complaints that the college is receiving regarding the dispensing of "cosmetic contact lenses" by various tattoo parlours, salons and costume suppliers etc. throughout the province. As the college becomes aware of these companies, a letter accompanied by a copy of the pertinent sections of the *Act* and bylaws is sent out requesting the company to cease dispensing immediately. While many of these companies cease dispensing, there are a number of companies that don't. Interestingly, each one of the companies that did not wish to stop dispensing, provided the exact same explanation that Health Canada had advised them, *there are no regulations and license's required to dispense cosmetic contact lenses*.

Recently however, one of the companies the college had asked to cease dispensing was kind enough to provide us with an actual copy of Health Canada's opinion and indeed, it stated very plainly that there are no regulations or permits governing the sale of cosmetic contact lenses in Canada. Health Canada was immediately contacted and advised that our legislation and regulations prohibit the dispensing of all contact lenses unless they are dispensed by a qualified practitioner and that, it is our intent to enforce our legislation and regulations to the letter of the law up to and including prosecution if necessary. Health Canada has advised that they will be contacting those individuals that they had provided advice to, clarifying that their regulations do not supersede provincial laws and regulations and that their advice pertains to Health Canada regulations only.

Beverly Davidson, an MP with the conservative government has put forward a private members bill to regulate the sale of cosmetic contact lenses in Canada. That bill, we understand, has the full support of the Minister of Health. To assist Ms. Davidson with the bill, her office requested a copy of the contact lens report prepared on the college's behalf, for the Saskatchewan Ministry of Health, by Crystal Hilton. The college was very pleased to provide that report and also took the opportunity to advise Ms. Davidson on the concerns of contact lens dispensing through the internet and asked her to consider widening the bill to regulate the sale of contacts through the internet as well.

Finally, on behalf of the college, I would like to thank all of the members that have been taking the time to report cosmetic contact dispensers that they have become aware of in their area. Thank you and keep up the good work.

Ken Sorensen
REGISTRAR



SASKATCHEWAN COLLEGE OF OPTICIANS COUNCIL MEMBERS

Paul Johnson	<i>President</i>	Ken Sorensen	<i>Registrar</i>
Clarence Mott	<i>Treasurer/ NIRO Rep</i>	Diana Hicks	<i>Co-Education Chair</i>
Crystal Hilton	<i>OAC Representative & Convention Chair</i>	Deanne Oleksyn	<i>Co-Education Chair</i>
Brenda Hearn	<i>Public Representative</i>	Jacqueline Watt	<i>Public Representative</i>

QUESTIONS ANSWERED ! BYLAW INTERPRETATION !

We thought ***The Eye Opener*** would offer a good opportunity to explain the intention of some of the various clauses in our new legislation and bylaws. We intend to decipher some of these for you in each edition of ***The Eye Opener***. During our Annual General Meeting in October there were some questions raised about the General Qualifications for Initial Registration and Licensure in the regulatory bylaws.

Specifically item 3 (1) (e). Where it reads:

Under: General Qualifications for Initial Registration and Licensure

3 (1) A person may be registered as a member where he:

(e) has successfully completed a course in ophthalmic dispensing and other ophthalmic or other opticianry programs that have been accredited by NACOR and approved by the council or an educational program deemed equivalent by council, or submits proof of current registration with a Canadian regulatory body of opticians.

There was a comment from the floor raised that questioned the validity or necessity of the portion of the clause where it states "accredited by NACOR".

To Explain: NACOR stands for the National Accreditation Committee for Optical Regulators.

The membership of the National Association of Canadian Optician Regulators (NACOR) is made up of the ten regulatory agencies across Canada, which includes one delegate from each Canadian Optician Regulatory body that has signed the Mutual Recognition Agreement. NACOR is incorporated under the Corporations Canada Act and received its final letter of patent in July of 2007. Membership in the NACOR is voluntary.

Federally imposed mutual recognition agreements are commonly referred to as MRA's. The MRA is the vehicle that allows our licensed opticians to be recognized across the country and is what allows reciprocal agreements between most provinces.

The Saskatchewan College of Opticians has been part of NACOR since its inception. As such, we have always sent delegates to their meetings twice a year to ensure we have a voice at those meetings.

As it was being drafted, your legislative committee, and the ministry, considered the wording of this clause very carefully. The intent of this particular wording is to assure that all students in Saskatchewan will always meet the minimal educational standards that have been accepted by our peers across the nation.

Were the council to choose to accept a course that has not been approved and accepted by the NACOR, it could put the SCO in a position where the integrity of our licensure could be questionable in respect to the MRA. Not only could this undermine the intent of the MRA, it would also be the undoing of much of the hard work done by our representatives at NACOR. This is clearly not a position that we would want to be in.

There are several educational organizations offering optical training in Canada that have proven to meet the mutually agreed educational standards of NACOR. In no particular order these are: Seneca and Georgian Colleges in Ontario, Douglas College in British Columbia and the Northern Alberta Institute of Technology (NAIT) in Edmonton. There are other teaching institutions in North America that teach opticianry, however none of the others have proven to meet these NACOR standards. This does not mean to imply the education from some other institute is necessarily inferior, it just means they have not been accredited at the time of this writing.

Continuing education credits are another area of concern:

The requirements for continuing education are as follows:

- at least 50% of your credits must be obtained at SCO sponsored events
- all credits obtained at non SCO functions must be pre-approved
- council will only approve educational seminars that are available and promoted to all of our membership.

These are policies that have been in effect for years and remain unchanged.

What has changed though is, in the past every member was put into a three year window of when they are expected to obtain the required con-ed credits. At the end of that window, regardless of the number of credits accumulated, you start over with zero credits.

The new program considers credits that you have accumulated during the previous three years. The difference will be that you can now utilize all credits should you go over your minimum amounts in any given year.

Here is an example:

to renew your license for 2012, con-ed accumulated from 2009, 2010 and 2011 are applied

to renew your license for 2013, con-ed accumulated from 2010, 2011 and 2012 will be applied and so on.

QUESTIONS ANSWERED !

CONTINUED

Inactive and retired licenses:

Another new wrinkle is that all members choosing to purchase an inactive license, will now be required to sign a waiver stating they do not intend to practice opticianry during that period. To do so would be in direct violation of the bylaws and therefore, would be subject to disciplinary action for practicing without a license.

Insurance:

Every practicing member must now provide proof of public liability and errors and omissions insurance before they can be licensed. This is in place to protect the public in the cases of malpractice. In your bylaws it reads:

Liability Insurance

4 Every member in good standing upon payment of their fees shall provide to the Registrar proof of liability insurance in an amount approved by the College before a License to practice or restricted License to practice will be issued.

Registration:

Members will now be required to fill out their application form in its entirety. Failure to do so will result in your application being returned along with your payment. Furthermore, members having their applications returned would be subject to any late charges that may result from having the application returned. Please note, that this also includes the failure to provide a certified picture of yourself or proof of adequate insurance. These rules apply to all licensed opticians in Saskatchewan regardless of where you work. It is a legal requirement that our registry be kept up to date and accurate. These new stringent rules are in place to assist us with this ongoing task.

Members are also advised that you can now use letter of designation behind your names.

For eyeglass only the designation is LO.

For contact lens practitioners, it is LCLP

For both you may put LO, LCLP

SCO 33rd ANNUAL CONVENTION

October 2011 and the convention at the Park Town Hotel In Saskatoon was a great success, thanks to the fabulous turnout, the noted speakers and all of our sponsors. Our convention is an important tool for opticians, when you attend, it helps you with your Continuing Education Credits and keeps you in the loop for technology, fashion and politics. Good food, good knowledge and good fun.

After being your Convention Chairman for the past 12 years, it is time to pass the hat on. Crystal Hilton will be your new Convention Chairperson. If you have any ideas or suggestions please do not hesitate to share them with her. I would like to thank all of the people who have helped me put these conventions on, to all of our speakers and sponsors over the years and **THANK YOU FOR ATTENDING YOUR CONVENTION MARK YOUR CALENDAR for the 2012 convention held in Regina September 29th & 30th. We hope to see you all there and to get involved !**

Clarence Mott, Treasurer

*By the way did you get all your Con Ed's - if you attended this year, a **Huge 14 credits** were available. The minimal charge for the convention is well worth it - you may even go home with some prizes. Check out the winners of this past year - you could be lucky this year, thanks to all our sponsors for their great gifts !*

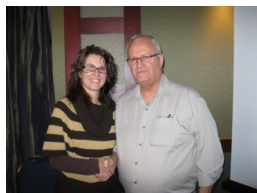
It is important that you attend SCO conventions - not only is it the place to get your Continuing Education Credits But it is also a place to socialize, meet up with fellow opticians who you may have lost touch with, rehash memories and make new friends along the way.

At the AGM a new council was elected with a few fresh faces - although we may have seen them in the past, we welcome them and wish them the best of luck. We would like to see everyone attend these meetings and become a part of the Saskatchewan College of Opticians council. Think about it !

On a final ed. note: our office has moved, mailing address is now 1603 Fleet Street, REGINA, SK S4N 5S2 but email address and phone number remain the same. Contact council at sk.opticians@sasktel.net or phone 652-0769 to get the answers you may require !

Plan To Attend the 2012 Convention

33rd Annual Convention & General Meeting held October 1 & 2 2011



**A Huge THANK YOU to all the donors of our
door prizes and of course to our advertisers !**

Winners of door prizes were as follows:

Saturday

Corrine Truscott – ESSILOR \$50.00 Futureshop GiftCard
Judi Barnes – OAC Licensed Optician Golfshirt
Brenda Shewchuk – ESSILOR \$50.00 Futureshop GiftCard
Nadine Elkew – OAC Licensed Optician Golfshirt
Crystal Pepler – JOHNSON & JOHNSON Eye model

Sunday

Murray Friesen – CENTENNIAL Serengetti Sunglasses
Vivian Reid – CENTENNIAL Serengetti Sunglasses
Diane Fisher – TRANSITIONS \$50.00 BonAppetite GiftCard
Bernie Spilchen – ESSILOR \$50.00 Futureshop GiftCard
Ken Hamel – TRANSITIONS \$50.00 Bon Appetite GiftCard
Jasmine Larson – WHITE OPHTHALMIC Fleece Sweater
Crystal Pepler – LASIK \$150 Lasik GiftCard
Christina Bauer – LASIK \$150 Lasik GiftCard
Lori Farmer – LASIK \$150 Lasik GiftCard
Tammy Hartley – JOHNSON & JOHNSON Eye model
Tara Bruce – COOPERVISION \$25 Moxie's GiftCard



NEW NAME ! NEW LOOK !

THE DRIVE

It's Cold ... Dark ...
The snow crunched
under our boots
loud in the silence
we climb up
hesitate ... before we
lower ourselves gingerly
onto rigid ...
seats of ice
thankful ... they weren't leather
defrost on high
biting blowing air
mixing with our exhalations
hindsight ... twenty twenty
should have ... started the truck
let it run
had it toasty warm
At least ... no windows to scrape
that painful screeching sound
chilling ... bone numbing
thankful ... for the old garage
even though it's not insulated
We wait ... just a few minutes
then drive
heeding snow and ice
warnings on the radio
enough time
to get there
we ride our square tires
into the night
of early morning
It's not long
before the fog swallows us
completely
slowly ... the truck wakes
limbers up
luminous dials come clear
reflecting ... normality
we glide through
a surreal world
strange ... but not unfamiliar
apparitions ... searching out
wraiths in the shadows
some imagined ... some not
I count ... one, two, three, four
seconds between the time
glowing demon eyes
appear from the mist

pass us
then are gone
B-trains roar by
vanishing in the fog
the cockpit's warm
hot air ... blowing into dry, straining
red eyes ... focused
on the few feet of icy pavement ahead
more eyes appear
electric greens, blues
pierce the mist
pass, fade ... are gone
the drive otherwise ... uneventful
the radio, hot air and quiet
breathing of my wife beside me
lulling ... my vigilance
losing intensity ... focus
my mind wanders
explores the possibility
plays out the scenario
the what if ...
as I pass a deer warning sign
of the impact ...
the deer, the truck, us
the outcome
a few more minutes go by ...
IT CAME FROM MY LEFT
OUT OF THE DITCH
FULL TILT
THE SHAPE CROSSES
TRANSFORMS
TO FLESH AND BONE
A HUGE BUCK FULL RACK
AUTOMATIC I HIT THE BRAKE SWERVE
CHRIS JOLTED WIDE AWAKE
A SILENT WITNESS
AS THE TRUCK SLIDES
I REGAIN CONTROL
WE MISSED HIM
JUST
OUR BREATHING
HARSH
OUR HEARTS POUNDING
ADRENELIN RAGING
RAGGED SPEECH COLOURED BREATHLESS
OUR EYES MEET
THANKFUL WE SURVIVED
THE THREE OF US ...

WHAT'S NEXT?

WE ARE PIONEERS IN LIGHT MANAGEMENT.

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CREATING NEW FIRSTS.

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NEVER STOP INVESTING IN THE SUCCESS OF OUR INDUSTRY.

AND NEVER STOP ASKING THE ALL-IMPORTANT QUESTION

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LIGHT YEARS AHEAD

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EVENTS for 2012

Saskatchewan College of Opticians Dates

Convention:
AGM

September 29th & 30th
September 30th

Delta Hotel, REGINA
Delta Hotel, REGINA

Welcome Students !

INTERNATIONAL Dates

Vision Expo East	March 22 - 25, 2012	New York, New York
Vision Expo West	Sept. 6 - 8, 2012	Las Vegas, Nevada
Visions Canada	Nov. 16 - 18, 2012	Mississauga, Ontario

NACOR 2012 Practical Examination Dates

Feb	4 - 6	Alberta	NAIT Main Campus, Edmonton
April	20 - 22	Ontario	Seneca College, Toronto
May	25 - 27	BC	Douglas College, Coquitlam
June	2 - 3	Saskatchewan	TBA, Saskatoon
June	9 - 10	Manitoba	Red River Community Coll, Winnipeg Contact Lens Services, Winnipeg
June	9 - 10	Nova Scotia	TBA, Halifax
June	22 - 24	Alberta	NAIT Main Campus, Edmonton
September	28 - 30	BC	Douglas College, Coquitlam
October	19 - 21	Ontario	Seneca College, Toronto
November	3 - 4	New Brunswick	TBA , Saint John

Reminder

Please advise S.C.O. office of any changes to your employment, addresses etc.

Notice

It has come to the attention of council that unlicensed opticians have been practicing in the province and that members are reminded that all opticians practicing in Saskatchewan, no matter what the duration, are required to be licensed in accordance with the Act.

STUDENTS Bursaries & Scholarships etal.

WAL-MART

\$3000.00

Top overall written mark in *2nd year Contact Lenses*

LASIK MD

\$ 750.00

High academic achievement - Highest overall class average in *Eyeglasses Program*

High academic achievement - Highest overall class average in *Contact Lens Program*.

S.C.O.

\$ 200.00

Top overall written mark in *2nd Year Dispensing*

Top overall written mark in *2nd Year Contact Lenses*

***Congratulations to the recipients of 2011
Bursaries & Scholarships***

Susan Erickson

Highest Final Exam Mark & Highest Overall Grade in Eyeglasses Year Two

Melissa Frandsen

**Highest Final Exam Mark & Overall Grade in
Advanced Practice 2-Contact Lenses**



**Tell me and I forget
Show me and I may remember
Involve me and I will understand**

Chinese proverb



**APPLICATION for ANNUAL OPTICIAN LICENSE
&/or CONTACT LENS LICENSE**

Saskatchewan College of Opticians
1603 Fleet Street, Regina, Sask. S4N 5S2
Phone: 306-652-0769

Name (print) _____ Date of Birth _____
month / day / year

Signature _____ Send mail Home _____ Business _____

Under the Privacy Information Act the only information on this form that can be released is your Business information.
Any other information can only be released with your approval. Your signature is required on one of the following lines

Release Business Information only _____ signature _____ Release all information _____ signature _____

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Email address _____

Practice Information (required)

Company _____
Address _____ City/Province _____
Postal Code _____ Phone # _____ Fax # _____
Email address _____

Fee Structure (please check one)

Practicing Member ☐	Contact Lens Practitioner ☐	Voluntary OAC Membership ☐
Practicing Member Fee \$ 446.25	Practicing Member Fee \$ 446.25	Practicing Member Fee \$ 105.00
	C.L. Practitioner Fee \$ 236.25	
TOTAL \$ 446.25	TOTAL \$ 682.50	TOTAL \$ 105.00

Non-Practicing Member ☐	Retired Member Fee ☐
a) Opticians License Fee \$ 141.75	a) Opticians License Fee \$ 36.75
b) C.L. License Fee \$ 141.75	b) C.L. License Fee \$ 36.75
c) Opticians & CL \$ 283.50	c) Opticians & CL \$ 73.50
Fee Submitted	Fee Submitted

**Please make cheque payable to
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Sorry no Master Card or American Express

* BY registering as a NON-PRACTICING or RETIRED member of the Saskatchewan College of Opticians I hereby agree that I will not actively perform opticianry duties in the Province of Saskatchewan. I further agree that performing such duties in Saskatchewan while registered as inactive is considered 'dispensing without a license', and I will be subject to the appropriate disciplinary actions of the Saskatchewan College of Opticians.

Signature _____ Date _____

* We require a passport photo with a copy signed by a Guarantor (Someone who has known you for 3 years or more)*

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1/20,000

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1/20

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iPad 2



INTERIM FEDERAL HEALTH PROGRAM

Announcing – Electronic Claims Submission Service

November 2011

Medavie Blue Cross is pleased to announce that, effective November 7, 2011, you will be able to submit all vision claims electronically through the Provider Web Portal. The electronic claims submission service enables you to pre-determine client eligibility, submit claims with real-time adjudication and confirm the amount to be paid. If you have not already registered for this service, please visit the secure Provider Web Portal at <https://provider.medavie.bluecross.ca> and complete the online provider portal self-registration form or contact our Customer Information Centre at 1-888-614-1880 or by e-mail to

CIC_Inquiry@medavie.bluecross.ca.

Once the registration process is complete, you'll be provided with a Log On identification number and password. The provider section of the web site also includes the most up-to-date version of the IFHP *Information Handbook for Health Care Professionals*, bulletins, claim forms, benefit grids, etc. The web site also enables you to advise us of any changes to your contact information.

Electronic claim submissions that include all required supporting documentation will be reviewed by an analyst before being processed. The system will prompt you to complete all fields necessary to ensure your claims are processed quickly and efficiently. Claims will be processed within the standards provided in the handbook and will be paid at the appropriate rate subject to the following exceptions:

- a claim submitted that does not follow the conditions outlined in the handbook will not be processed;
- a claim submitted at a date later than six (6) months from the service date is not eligible for payment; and
- a claim that does not otherwise conform to the Guidelines, including the Benefit Grid, is not eligible for payment.

If you have any questions or require more information about submitting your claims electronically, please call our Customer Information Centre at 1-888-614-1880.



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College of Optician' s of British Columbia announces

AUTOMATED REFRACTION ONE YEAR ANNIVERSARY

True Vision Architects

May 1, 2011 marked the one year anniversary of the new *Opticians Regulation* allowing independent automated refraction ("refraction") by opticians. For over a decade, refracting opticians have been conducting sight tests in British Columbia and there are now more than 300 refracting opticians across the province. The change in legislation increased the optician's scope of practice, allowing opticians to practice to their full potential.

Under the new regulations, refracting opticians are permitted to use the full extent of their skills, independently providing health care consumers with an assessment of their visual acuity using a refraction system. There is no longer a requirement to obtain an approval of assessment from an optometrist or ophthalmologist. Subject to certain limits, refracting opticians can fit and dispense eyeglasses and contact lenses using the results of the assessment.

Opticians from all around the world are now focusing on BC and the new opportunities available for BC opticians both professionally and economically. Perhaps the most valuable outcome for a refracting optician is the ability to understand what a prescription truly means.

"To be able to service a health care consumer from beginning to end means I can build something and know exactly how its going to work for them. I can be a full vision architect," says Chris Lee, a BC refracting optician.

The Government of BC amended the Opticians Regulation a year ago because they acknowledged the decade-long safe practice of refraction by opticians under supervision of a prescriber as well as the voluntary training and certification completed by the several hundred opticians currently conducting refraction in British Columbia. The College is working to maintain the safe practice of refraction by refracting opticians though licensure requirements and education.

British Columbians (between the ages of 19-65) have the ability to choose between a sight test or eye health exam and not have one or the other mandated by government. These consumers now have increased access into the health care system and will be using opticians to their full practice potential. Opticians in British Columbia have become true vision architects.

For more information on opticians refracting, contact College of Opticians of British Columbia.

Memo

To: MEMBERSHIP
From: SCO
Date: 1/9/2012
RE: HEALTH INFORMATION PROTECTION ACT (HIPA)

Opticians as part of the circle of care are bound by the HIPA and are therefore subject to its requirements. While the information that opticians collect is minimal in comparison to other health care providers it is nevertheless a responsibility as trustees of this information that you collect to safeguard it. The HIPA, in simple terms is an Act that was designed to ensure that health care providers protect the sensitive personal information collected from its patients and to put a stop to that information simply being dumped out back without any care or concern whatsoever for the patients privacy.

Basically, the HIPA requires trustees (opticians/dispensaries) to establish within their organizations, policies and procedures to deal with the safeguarding of the information that is collected from patients. For instance, establishing locked filing rooms or locking cabinet with no public access would be a very important first step to ensure that the information you collect, is protected from unauthorized access, theft, loss, disclosure or modification by unauthorized individuals.

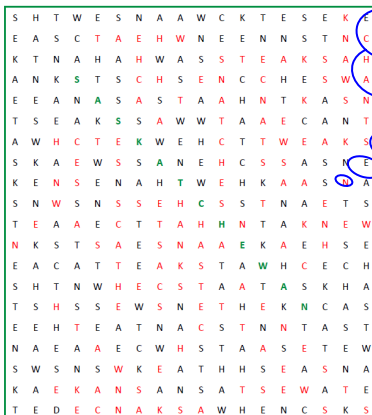
Policies must also be established to restrict access to the files on a need to know basis to ensure that only those employees that have a need to see it, do. Policies in general don't have to be long drawn out affairs but can consist of a set of simple rules, guidelines or procedures for employees to follow while handling, or filing personal information to ensure the information is being protected and kept confidential.

As far as sharing information, please note that information shared between trustees becomes a part of the records of both parties and are therefore subject to the same duties and responsibilities as the trustee that discloses the information.

Trustees (opticians and dispensaries) are required to store and retain the files for a period yet to be determined in a readable format. When it becomes time to destroy the information it must be done in a manner that protects the patients' privacy. In other words, do not throw the files out beside the dumpster. The SCO recommends either burning the files or having them shredded under supervision.

Since this is a very brief overview of a complex Act, and because the government and the college view this matter as a very important issue of concern, we strongly recommend that all members and/or dispensaries obtain a copy of the HIPA and read it very carefully. It contains a lot of very valuable information and instructions. The HIPA is available on the government web site or from the Queens Printer.

Members that need assistance or have questions on the HIPA can contact the College and if we don't have the answer we will get it for you.



SPIDEY OOPS found
117 words in
SASKATCHEWAN



2	6	8	4	1	7	9	5	3
4	3	5	2	6	9	7	1	8
7	9	1	3	8	5	4	2	6
9	4	2	8	5	3	1	6	7
1	8	3	7	9	6	5	4	2
5	7	6	1	2	4	3	8	9
6	2	7	9	4	1	8	3	5
3	5	4	6	7	8	2	9	1
8	1	9	5	3	2	6	7	4

Local Heroes

Step Up

Making a Difference through Tragedy



Len and Jan Peterson with daughter Lauren smiling; a loving caring young family of five including Macey and Adam the youngest. What the picture doesn't show is the pain and suffering Lauren has been living with since she was three years old, the undiagnosed disease, that would take them from home town Naicam to Saskatoon's Royal University Hospital over 180 kilometers away. These trips were frequent and frustrating, the not knowing, debilitating.



Lauren coped as best she could, a bright happy girl, a little shy but with a sense of humour, artistic, she liked to draw and loved to play piano. The family moved to Meadow Lake in 2006 where later as a teen she attended Jonas Samson Junior High and volunteered at the Meadow Lake and District Humane Society spending countless hours lovingly caring for stray cats and dogs waiting for Adoption . . . Lauren will be missed by all who were lucky enough to know her. She passed away April 11, 2011 at the age of 13.



Lauren's passing devastated the family and none more than her father Len who she used to go biking with. To get him through this dark time he decided to do a bike ride in Lauren's honour and raise awareness of the rare mitochondrial disorder and raise funds for the Children's Hospital Foundation of Saskatchewan where kids could be more comfortable in an environment designed with kids in mind and staffed appropriately. Len, encouraged by his fellow Mounties, family and friends made a ten day 810 km. trek from Meadow Lake through Regina and Saskatoon and ended up in hometown Naicam where Cropper Motors sponsored a BBQ as a town fund raiser Photo/ Richard Becker (representing town) presents cheque to the tired biker. So far Len has raised over \$ 20,000.00

The Children's Hospital a needed reality check the links below . . .

<http://www.childrenshospitalsask.ca/page.aspx?pid=424>

<http://www.childrenshospitalsask.ca>

<http://www.youtube.com/user/SaskatoonHealthReg?feature=watch#p/u/0/AdxN7i79S2E>

2011 Volleyball Gold Medalists



Front row: Stephanie Prytula, Amanda Jakeman, Katherine DeMong, Kortney Michayluk, Nicole Gessner (#17), Chelsea Harrison
Back row: Coach Bryan Lundsten, Kylie Pasieka, Josie Stan, Alyssa Sholter, Katherine Prytula, Lauren Michayluk, Lauryn Appelt, Coach Lyle Gartner

Volleyball - Not Just A Sport in Our Small Town

For a small Saskatchewan town, one Provincial title is a thrill of a lifetime. For the small town of Wakaw it doesn't stop at one, the Sr. girls have won five consecutive titles and a total of seven in the last eight years. Most recently they took the 3A title held in Paradise Hill, where they dominated and played a perfect 14 - 0. The girls have had an amazing year winning against some 4A and 5A teams.

Where does their success come from - dedication, enthusiasm, love for the sport, great coaching, and screaming fans. They become a family and much of their time from start to finish of the season is spent together at a gym somewhere in Saskatchewan, Alberta, Manitoba and even as far away as Hawaii where Wakaw placed second in March, 2010.

Six grade twelve veterans will leave the team this year, but there is no doubt that this dynasty will live on and Wakaw will continue to dominate in the sport of volleyball.

Louise Vachon
Team Photographer, Chronicler & Proud Mom of # 17

***Gary Tinker Walks* Raising Awareness For Disabilities In the North**

Gary Tinker, a 19 year old with cerebral palsy and a resident of Pinehouse, northern Saskatchewan, completed a 650 km walk on crutches from La Ronge to Regina. The walk took 79 days and at the end, on **October 18, 1989**, Tinker dipped his crutches in Wascana Lake and was greeted on the steps of the Saskatchewan Legislature by the Minister of Health, George McLeod. This incredible undertaking of courage and tenacity was to raise awareness for the people of Northern Saskatchewan with disabilities.

One month later a Steering Committee was set up including representatives of Northern Affairs, Post-Secondary Education and Skills Training - Northern Branch, Human Resource Development Canada. These agencies along with Gary Tinker and other concerned persons and representatives from the disabled community established in the same year **The Gary Tinker Federation** a non-profit community organization open to northern persons, 18 years of age living with any type of disability. It would assess and address the unmet needs of the disabled while striving to make long term improvements in their lives, also offering services to expand opportunities for its members to achieve vocational skills & job training.

*** April 15, 2005** Gary received the Saskatchewan Centennial Medal from Northern Affairs Minister and Athabasca MLA Buckley Belanger in La Ronge.

"Our provincial motto 'from many peoples strength' can be seen by individuals like Mr. Tinker who are making change in this province, despite the challenges they face. Mr. Tinker has led the way in creating greater awareness in the area of disabilities in the North."

Follow the links below to learn more about this humble, caring, local hero.

<http://www.townoflaronge.ca/TheNortherner/Story.php?id=185>

<http://www.townoflaronge.ca/TheNortherner/Story.php?id=888>



Prince Albert Philanthropist Awarded The Saskatchewan Order Of Merit

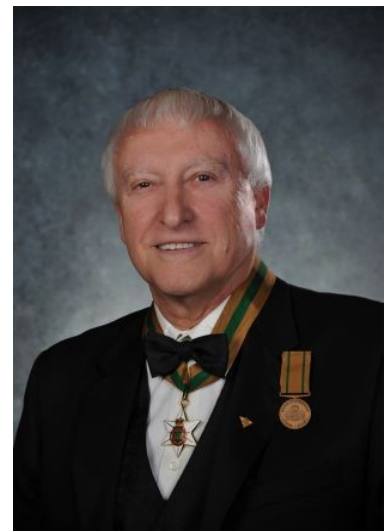
Malcolm Jenkins was recognized for giving back to the community which he has called home for the past 21 years where he runs the Canadian Tire Store. He along with eight other local dedicated Saskatchewan leaders was awarded the Saskatchewan Order Of Merit at the Hotel Saskatchewan in Regina by Saskatchewan's Lt.-Gov, Gordon Barnhart.

This visionary activist is best known for his involvement with the youth and the arts providing opportunity and choice. "With the personal motto of **"let's build it for the kids,"** Mr. Jenkins has been instrumental in the development of many projects for the benefit of the entire community such as the **Broadway North Theatre Company, the Performing Arts Warehouse, The Kinsmen Skateboard Park and the Alfred Jenkins Field House** offering: indoor soccer fields, a huge gymnasium, fitness centre, climbing wall and countless Fitness & Wellness Programs for children & adults

"He was also a key figure in the construction of the **E.A. Rawlinson Centre for the Arts**, raising over \$4.2 million dollars in less than two months for the project. Since then the centre has become a focal point of the community and is used for over 275 events annually," stated Lt. Gov. Barnhart

Mr. Jenkins has also shown a dedication to the health and welfare of his fellow citizens including supporting numerous events such as **The Canadian Cancer Relay For Life** and other activities for the **Victoria Hospital Foundation** leading the way for the purchase of much needed medical equipment.

<http://www.paherald.sk.ca/Local/News/2011-12-08/article-2828623/Local-philanthropist-recognized-for-years-of-dedication-toi-communty/1>



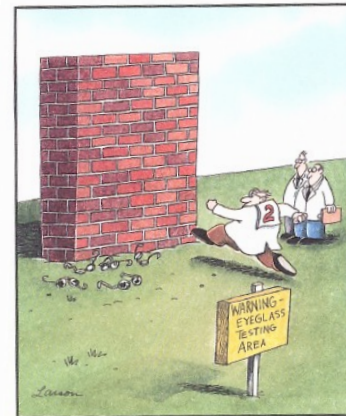
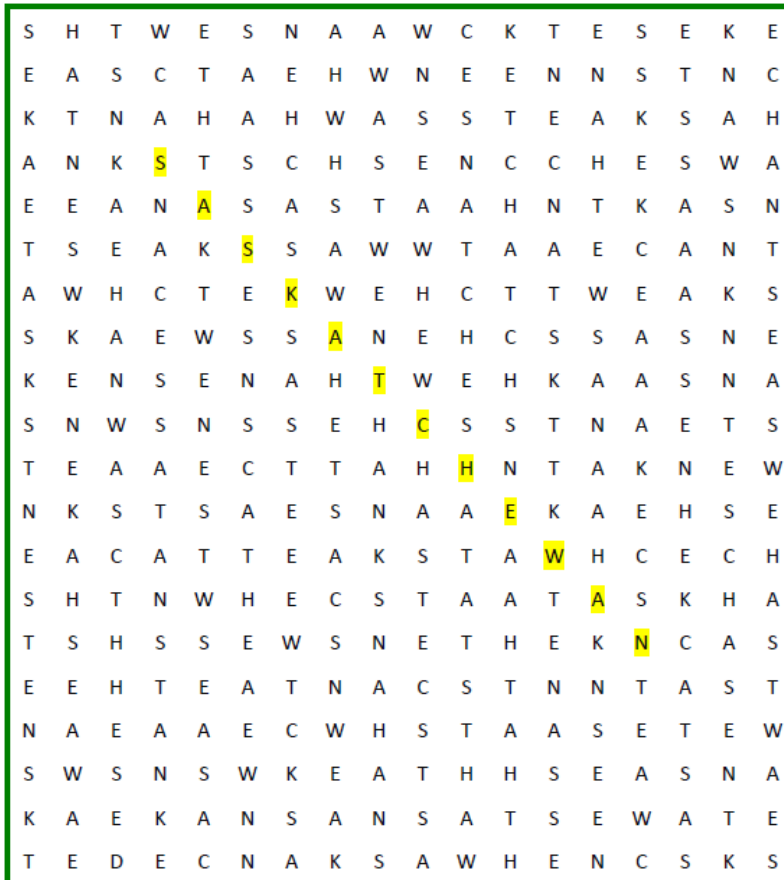
Check out the 68 year old's soccer skills on the CTV video clip:

<http://saskatoon.ctv.ca/servlet/an/local/CTVNews/20120103/sask-orderofmerit-120103/20120103/?hub=Saskatoon>

Local Parts



My Quest . . .
How many words
are
hidden below?



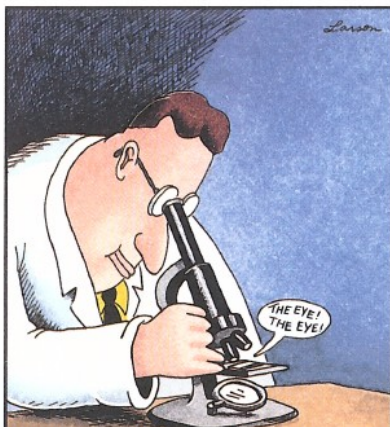
The Far Side® February

1250
Eyeglasses are
invented in Venice.
(The insult "four eyes"
enters the vernacular
the following year.)



Groundhog Day
Wednesday 2

Solutions Page 15



The Far Side® April

1590
Dutch optician Zacharias
Janssen invents the compound
microscope, discovering that
it's a small world after all.



2						5	3
		5		6		7	
				8	5	4	
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